

## **Pornography and Other Lies**

### **Our Mission**

Memorial wants to help those who struggle with pornography, believes in the hope to overcome pornography is provided by Jesus Christ, and offers a place of healing for those impacted by pornography.

### **Series Review**

|   |   |   |
|---|---|---|
| <i>Lie #1</i> - Porn is NOT a problem.              | → | Truth #1 - Porn IS a problem.   |
| <i>Lie #2</i> - Porn is HARMLESS.                   | → | Truth #2 - Porn is HARMFUL.   |
| <i>Lie #3</i> - The Bible IS silent on porn.        | → | Truth #3 - The Bible IS NOT silent on porn.                                       |
| <i>Lie #4</i> - Porn DOES NOT impact relationships. | → | Truth #4 - Porn DOES impact relationships.  |
| <i>Lie #5</i> - I'm NOT addicted to porn.           | → | Truth #5 - I may be addicted to porn, but I CAN OVERCOME with the help of Christ. |
| <i>Lie #6</i> - NOBODY cares.                       | → | Truth #6 - JESUS cares and so do we.  |

*Psalms 51:10* "Create in me a clean heart, oh God, and renew a right spirit within me."



### **Resources**

## **Books Referenced**

- *25 Questions You're Afraid to Ask about Love, Sex and Intimacy* by Dr. Juli Slattery
- *Counter culture: a compassionate call to counter culture in a world of poverty, same-sex marriage, racism, sex slavery, immigration, abortion, persecution, orphans, and pornography* by David Platt
- *Counterfeit gods: the empty promises of money, sex, and power, and the only hope that matters* by Timothy Keller
- *Girls gone wise in a world gone wild* by Mary A. Kassian
- *Hooked: New Science on How Casual Sex is Affecting Children* by Joe S. McIlhaney Jr. MD and Freda McKissic Bush MD
- *Misreading Scripture with Western eyes: removing cultural blinders to better understand the Bible* by Randolph E. Richards and Brandon J. O'Brien.
- *None of these diseases: the Bible's health secrets for the 21st century* by S.I. McMillen and David E. Stern.
- *Pulling Back the Shades* by Juli Slattery and Dannah Gresh
- *Sacred Sex* by Tony Evans
- *Sacred Singleness* by Leslie Ludy
- *The Fantasy fallacy: exposing the deeper meaning behind sexual thoughts* by Shannon Ethridge

## **Books**

- *Completely His Loving Jesus without Limits* by Shannon Ethridge
- *Eros Defiled* by John White
- *Eros Redeemed* by John White
- *Every Heart Restored: A Wife's Guide to Healing in the Wake of a Husband's Sexual Sin (The Every Man Series)* by Fred and Brenda Stoeker and Stephen Arterburn
- *Every Single Woman's Battle* by Shannon Ethridge (part of a series)
- *Healing the Wounds of Sexual Addiction* by Mark Laaser (for the husband)
- *Helping Church Teens* by Beth Robinson
- *No More Headaches, Enjoying Sex & Intimacy in Marriage* by Dr. Juli Slattery
- *Passion & Purity* by Elisabeth Elliot
- *Sacred Marriage* by Gary Thomas
- *Shattered Vows: Hope and Healing for Women Who Have Been Sexually Betrayed* by Debra Laaser (for the wife)
- *When Your Husband Is Addicted to Pornography: Healing Your Wounded Heart* by Vicki Thiede (This book is a more fill-in-the-blank, reflective, devotional style.)

## **Books for Working through the Sexual Function and Physiology:**

- *Intended for Pleasure* by Ed Wheat
- *Restoring the Pleasure* by Clifford and Joyce Penner
- *The Gift of Sexual Fulfillment* by Clifford and Joyce Penner

## **Blocking/Editing Content**

- Covenant Eyes (Website and app)
- Gaggle (online program) - [www.gaggle.net](http://www.gaggle.net)

- Net Nanny (Website) - [www.netnanny.com](http://www.netnanny.com)
- Overcome Porn: 40 Days Challenge (by Covenant Eyes)
- Teen Safe (online monitoring system) - [www.teensafe.com](http://www.teensafe.com)
- VidAngel (App)

### **Christian based Intensive Therapy**

- Bethesda Workshop - [www.bethesdaworkshops.org](http://www.bethesdaworkshops.org)
- Faithful and True Ministries - [www.faithfulandtrue.com](http://www.faithfulandtrue.com)
- Men's Sexual Addiction Program Meier Freedom - [www.meierclinics.com/freedom](http://www.meierclinics.com/freedom)

### **Counseling/Therapists**

- Alan Martin, counselor on staff at Memorial (Houston) Contact office for appts.
- Dr. Paul Looney - <http://www.paullooneymd.com/>
- Houston Center for Christian Counseling: Sugar Land, 281.277.8811; Katy, 281.398.0022
- Shield Bearers (Houston) 281.894.7222

### **Other Support**

- Celebrate Recovery (Church in the Woodlands) - [CelebrateRecovery@crossroadstw.org](mailto:CelebrateRecovery@crossroadstw.org)
- Faith Bible Church Counseling – [FaithBibleonline.org](http://FaithBibleonline.org) or call 936.321.5505
- Invitation Ministries - <http://www.invitationministries.org/> or call 832.585.9827
- Voice for Choice <https://www.voiceforchoice.org/>

### **Research/Articles**

- Resources for Wives of Porn Addicts - <http://www.covenanteyes.com/2014/09/02/resources-wives-porn-addicts/>
- Survey about first porn exposure: <http://www.unh.edu/ccrc/pdf/CV169.pdf>

### **Support Groups**

- COSA
- S-Anon

## Videos/Podcasts

- Java with Juli
- Porn The New Tobacco | Jack Fischer
- Ted Bundy's Final Interview | James Dobson
- The great porn experiment | Gary Wilson
- Why I stopped watching porn | RanGavrieli

## Websites

- Authentic Intimacy - *authenticintimacy.com*
- Covenant Eyes - *covenanteyes.com*
- Dirty Girls Ministries - *dirtygirlsministries.com*
- Fight the New Drug - *fightthenewdrug.org*
- Protect Young Minds (parent support/prevention) - [www.protectyoungminds.org](http://www.protectyoungminds.org)
- Pure Freedom - *purefreedom.com*
- Shannon Ethridge Ministries - *shannonethridgeministires.com* (*Women at the Well Workshops*)
- TheNewDrug.com (Porn Kills Love)

## Scripture

Scripture support is from Sword of the Spirit. **Use it as needed!**

- Write on index cards and read them while standing in an authoritative posture.
- Write on index cards and place them on your mirror or other place that you see daily.
- Create into a bookmark to use while reading.

|                     |                   |
|---------------------|-------------------|
| Psalm 13:2          | James 1:14-15     |
| Psalm 19:13-14      | 2 Timothy 2:22    |
| Psalm 145           | Hebrews 3:1       |
| Proverbs 2:12-19    | I Timothy 4:12    |
| Proverbs 5:1-23     | I Timothy 5:2     |
| Proverbs 6:24-29    | Colossians 3:2-7  |
| Proverbs 7:1-27     | Galatians 5:24-25 |
| I Corinthians 10:13 | Philippians 4:7   |
| 2 Corinthians 10:5  |                   |